



Congratulations to our Graduate!

Olive Rogers, a member of the Seventh-day Adventist Church in Burnt Lane, Gorleston, graduated from Suffolk University in Ipswich, with a BSc degree in Mental Health Nursing. The ceremony took place on Wednesday 16 October.



Our church is very proud of Olive's achievement which she has worked towards.

Olive hails from Uganda and has lived in this country

for many years. She has a daughter who is also doing medical studies at Bradford University.

During her years of study, she suffered a set-back when her British Husband, Brian, who used to attend with her, suddenly passed away.

In spite of her sad loss, she has persevered and obtained her degree. A party was recently held in our

Lowestoft church to celebrate her achievement.

Well Done Olive!

Over 1,000 Seventh-day Adventists met Together



On Saturday 28 September, well over 1,000 Adventists assembled together at Trinity Park, near Ipswich for their annual Day of Fellowship. They came from various parts of East Anglia. The guest speaker was retired Pastor Helmut Haubeil from Germany. He has authored several inspirational books, one of which is called *Steps to Personal Revival*. He addressed the congregation about our personal need of the Holy Spirit Whom Jesus promised would dwell within those who are truly committed to Him. Everyone was inspired

by his gripping Biblical presentations. In addition to this gathering, there were several hundred children ranging from cradle roll to young people meeting in adjacent venues at the site for specially prepared meetings for them as well. One highlight being when the Pathfinders drum corps led the opening procession for the morning service. Other highlights of the day included a sacred afternoon concert.

A Word in Season . . .

During September, my wife and I were touring in the southwest. On our way back from Devon, we stayed just outside Salisbury at the *Caravan & Motorhome Club* site. While there we got chatting with a couple who were also spending a few days in the area. He turned out to be an inventor. We had a very interesting conversation. He explained to me how he protected his inventions from unscrupulous companies before he obtained the copyright. It was a shrewd move on his part but I could see the wisdom straight away.

What a pity it is that we live in a world where subterfuge and dishonesty often take centre-stage. The wheeling and dealing that goes on in certain business circles could leave us dismayed. We often find that in the harsh reality of the business world, it doesn't matter who suffers as long as 'I make a quick buck and succeed'!

Cheating, dishonesty and theft, seem to be the policies, so it would seem in the minds of some, in order to succeed in this world. We only need to view a few programmes on *BBC Watchdog* where rogue traders are exposed to recognize how prevalent is the problem. Such antics may leave their victims to pick up the pieces; but crime does not pay in the end.

There have been several instances where I have been challenged or even tempted to be dishonest: sometimes the opportunity seemed to stare me in the face. Being a Christian who holds different principles, I could not do what I knew was wrong and dishonest.

I can think of at least four occasions when three different employers commended me for being honest. One of those was in the steelworks where I was employed as a teenager. Several workers were complaining that I was working too hard and should go and take longer breaks. I refused to do so. I took what I was entitled to take and gave my employer what he required from me. It was not until I approached my employer for a special favour that I was informed they had been observing what had been taking place and

commended me for my loyalty. Rather than lose me as a worker, they were happy to grant my special and unusual request. Honesty paid! In fact, I believe it always pays off in the end.

An ex-sea captain by the name of Joseph Bates became a committed Christian. He became known as "the most honest man in town". What a testimony to that community where he lived! What a better place our world would be if everyone could be trusted. Christ Who gave us the 8th Commandment that says, "You shall not steal" (Exod.20:15), will give us the strength to overcome those temptations. You don't have to be a Christian to be honest, but I can assure you, it does help

- Editor.

Food for Thought . . .

"If we are honest, we must admit that much of our time is spent pretending. But when we turn to God in prayer, we must present our real selves, candidly acknowledging our strengths and weaknesses and our total dependence on Him" - *Anonymous*.

Services of the Church: -

Bible Study/Discussion

Saturday 10:00 am

Children's Class Saturday 10:00 am

Family Worship Saturday 11:15 am

Church Family Fellowship . . .

First Saturday

afternoon in each month after the Worship Service and a fellowship meal.

Bible Study & Prayer

Monday 7:30 pm

We operate a child protection policy.

Marriages – Child Dedications – Believers

Baptisms – Funerals

The Link is produced by your local Seventh-day Adventist Church in Burnt Lane, Gorleston, NR31 0PG as a community service.

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<http://greatyarmouth.adventistchurch.org.uk/>

Editorial

This month's edition of *The Link* contains some good, encouraging articles. One in particular is the personal testimony of Dahlia Allen who experienced a miracle of God's healing power. It demonstrates that God is still the same today as He was when He walked this earth in the Person of Jesus Christ. It is my prayer that you will be blessed and encouraged as you read this month's community church newsletter - *Editor*

Wholistic Health Series at Great Yarmouth Church

The Great Yarmouth Adventist Church held a six-week Health Series on Saturday afternoons starting late August and running into October. Errol and Beth Victorio, from the Lowestoft Adventist Church presented the series. They are medical missionaries and run a health ministry from their home. The focus was to look at our health holistically as it cannot be separated from whom we are, our wellbeing, what we eat or drink, and what we do every day.



The acronym used throughout the series was **NEWSTART**. **N** stood for Nutrition. The benefits of a plant based diet were clearly shown. **E** stood for Exercise. Walking is a great regular exercise. **W** stood for Water. It was emphasized how water is God's beverage for us all. **S** stood for Sunlight. We were reminded how beneficial Sunlight can be for us. **T** is for Temperance. It was made clear that the phrase "moderation in all things" should be "moderation in all good things". **A** is for Air. We were taught some deep breathing exercises and the importance of fresh air for the body. **R** is for Rest. The benefits of a good night's sleep were clearly explained. Be careful with any caffeine. Finally, **T** is for Trust. Trusting in God during life's ups and downs can help our overall health and wellbeing. Jesus said "He came so we can have life more abundantly"(John 10:10). Each session was well attended and enthusiastically received, with the practical messages challenging all present. We finished with a bonus session on Addictions, a problem very common in today's society. Links between Addictions and Health were clearly presented. [If you would like more information, please contact Pastor Mark Borrett on 07729 997699.]

Public Health Screening

Even though Sunday 6 October was an extremely wet day as torrents of rain poured down on Great Yarmouth almost all day, resulting in the town centre being very quiet, a number of the public attended the church's health screening stand in



Market Gates. We are very grateful to the Centre's management for making their prime site available. Although it was wet outside, people found a friendly welcome at our stand.

Harvest Festival

We were pleased to see some of you from the community as we celebrated our Harvest Festival on Sabbath (Saturday) 5 October. The produce was given to support homeless young people.



You are Invited To A Vegetarian Cookery Demonstration

And Afterwards to Sample the Food
by sitting down to enjoy a healthy free meal

at 12.30 pm

on Sunday 10 November 2019

In the Function Room,
Seventh-day Adventist Church
Burnt Lane, Gorleston, NR31 0PG

This is a free Community Service Programme



Miracle Story: A Testimony of Healing

- Dahlia Allen tells her own story -



I was now a trained and qualified flight hostess, which caused great excitement for me; but things took a big U-turn in my life. The past

few years were very challenging times due to various medical health conditions. The first I experienced was damage to the disc in my neck from a bus accident.; a broken bone in my left foot; a

benign tumour in my head; and stage 4 endometriosis, which was attached to the bowel and other organs in the pelvic area.

Endometriosis is a medical condition that occurs when the lining of the uterus, the endometrium grows in different places. I was referred to the gynaecologist. The accumulation of this tissue was so extensive that the consultant recommended a hysterectomy seeing that it was a stage 4 endometriosis. She also added that because the endometrial tissue was attached to my bowel, I would need continued surgery performed by a bowel and endometrial specialist. They would perform two surgeries. The bowel would be put to rest and a colostomy would be inserted instead and six months later I would require corrective surgery. I was informed by the consultant that a hysterectomy is the only solution to cure endometriosis. As she outlined everything it was all too much information for me in one day, but I knew that the God I served was going to see me through. Finally, she said that a hysterectomy cannot be performed without my consent.

God impressed upon my heart to request the consultant, that before she removed my organs to investigate again the necessity of the procedures. As a result, I was placed on the waiting list for a diagnostic laparoscopy. I fell on my knees that day and called upon the God of heaven and earth - the God Who created me. I began to pray the following words: "Lord, I'm at the Red Sea, there is no way forward. Lord, they said the endometriosis is attached in my bowel. I'm asking you my Father as you brought the Children of Israel, separate my bowel from this tissue. Do not let a doctor put a knife on my bowel, let no doctor cut my bowel, Lord, You created me and at the end You said I was wonderfully and fearfully created in Your image. You did in the past, You're the same God that is with me today. You said that whatever I ask and believe by faith You will deliver. God, I make a promise to You that when You bring me through, I am going to share my testimony because You are going to give me one at the end. I'm going to tell the world how good and powerful You are."

I believe what it says in James 5:14: "Is any sick among you? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord." My anointing service was carried out by my cousin, Pastor Richard Jackson, who presides over the North England region of the Adventist Church, Pastor Vili Costescu and the elders of the Hampstead Seventh-day Adventist Church in London. During the morning devotion that day, God impressed upon my heart to copy out the words of some well-known hymns and passages of Scripture from Psalm 27, Psalm 91, Matthew 27 and Zephaniah chapters 1 & 2. I meditated upon these passages and prayed over the promises of God contained in the Scriptures.

When I awoke in the recovery room from the surgery, which lasted several hours, I felt my tummy and although there were several plasters, there was no colostomy bag attached. I found out from the consultant that the endometriosis was not attached to my bowel and all the organs in my pelvic area were normal. They were all surprised; they thought the endometriosis would be more than what they had seen. During the surgery however, I developed complications. I had a reduced airway entry and desaturations. A section of my right lung collapsed and I developed pneumonia. I was in intensive care for three days; but when I came through, my lungs were back to normal. God is truly wonderful and amazing.

Whatever you are going through, rest assured God is in the midst of your situation.