

Special Prayer Requests

Margaret Harmer, Jean and Eric Baker, Edith Newman, the Country.

Dates for Diary – November

16th Dean Campbell
23rd Mark Borrett + First Rehearsal for Christmas at Lowestoft at 2.30pm
30th Trevor Francis + Second Rehearsal for Christmas at Great Yarmouth at 2.30pm

Dates for Diary – December

7th Mark Borrett + Fellowship Lunch at Great Yarmouth + Baptismal Service in Afternoon.
14th Errol Victorio + Christmas Community Service at 7pm at Lowestoft.
21st Mark Borrett + Communion + Christmas Community Service at 7pm at Great Yarmouth.
28th Luka Mhishi

We can help!

If you have any requests, please contact Pastor Mark or a local Church Elder.

For example: Prayer request, what does it mean to be a Christian, what is a Seventh-day Adventist, Baptism, Membership of the Local Church, Bible Study, Pastoral Visit, Pastoral Counselling, Baby Dedication, Marriage, Wills or Funeral.

Pastor Mark Borrett 07729 997699
Mark.Borrett@outlook.com

Pastor Mark's Blog

“As you therefore have received Christ Jesus the Lord, so walk in Him, rooted and built up in Him and established in the faith, as you have been taught, abounding in it with thanksgiving.” (Col 2:6–7).

Did you notice those words above, “abounding in it with Thanksgiving”?

Thanksgiving and gratitude have positive implications for life today.

In a recent study done amongst 300 college students, it was shown that gratitude helps to unshackle us from toxic emotions. People writing thankfully were more likely to use words about positive emotions, to use inclusive pronouns like we, and use fewer negative emotional descriptors. Such persons reported overall better lasting mental health. It was also shown that gratitude's benefits grow over time.

For those established in and walking in the faith, Paul challenges us to abound in Christ in Thanksgivings.



Seventh-day Adventist Church

Love God – Love People

A Warm Welcome to Everyone!

9th November 2019

"The Robe of Righteousness" by Jerry Victorio

Church Address:

Saxon Rd, Pakefield, Lowestoft, NR33 7BT

Website

lowestoft.adventistchurch.org.uk

Contacts:

Pastor Mark Borrett 07729 997699

Mark.Borrett@outlook.com



Sunset Times

Today Sabbath ends at: 16:01
Next week Sabbath starts: 16:12

Sabbath School

2019 – 4th Quarter Lesson Study



The Reading of the Word



Memory Text

“So they read distinctly from the book, in the Law of God; and they gave the sense, and helped them to understand the reading”

(Nehemiah 8:8, NKJV).

Family Service

Opening Prayer

Welcome and Announcements

Hymn: [SDAH] 76 – O Love That Wilt Not
Let Me Go

Remembrance – Minute Silence

Congregational Prayer

Tithes & Offerings

Children’s Story

Hymn: [SDAH] 481 – Dear Lord and
Father

Scripture Reading - John 19:23-24

Sermon: "**The Robe of Righteousness**" by
Jerry Victorio

Hymn: [SDAH] 348 – The Church Has One
Foundation

Closing Prayer

Fellowship Lunch

Served after the service in the church hall

Announcements

Week of Prayer starts today at 4pm at the Great Yarmouth Church.

The next **Vegetarian Demo** will be this Sunday, November 10th at 12.30pm at Great Yarmouth Church.

Board Meeting will be this Thursday, November 14th at 10.30am.

Our **Year End Festive Meal** will be on Sunday, 15th December at 1pm at the Wherry Hotel, Bridge Road, Oulton Broad, Lowestoft, NR32 3LN. Please note the date. A sign-up sheet is in the lobby.

Christmas Community Services will be on Saturday December 14th at Lowestoft at 7pm and Saturday December 21st at Great Yarmouth at 7pm. **Rehearsals** will be on Sabbath November 23rd at 2.30pm at Lowestoft and Sabbath November 30th at Great Yarmouth. Thankyou in advance for your commitment.

Latest **News and Podcasts** on the Church Website
<https://lowestoft.adventistchurch.org.uk>