

### Special Prayer Requests

Enid Fleming, Joan Frost, Philip Franklin, The Country.

---

#### Dates for Diary – November

16<sup>th</sup> Mark Borrett  
23<sup>rd</sup> George Nyatanga + First Rehearsal for Christmas at Lowestoft at 2.30pm  
30<sup>th</sup> Mark Borrett + Second Rehearsal for Christmas at Great Yarmouth at 2.30pm

#### Dates for Diary – December

7<sup>th</sup> Michael Walker + Fellowship Lunch + Baptismal Service in Afternoon.  
14<sup>th</sup> Mike Clarry + Communion + Christmas Community Service at 7pm at Lowestoft.  
21<sup>st</sup> Danail Keshishyan + Christmas Community Service at 7pm at Great Yarmouth.  
28<sup>th</sup> Paul Manogaran

### We are here to help

If you have any requests, please contact Pastor Mark or a local Church Elder.

For example: Prayer request, what does it mean to be a Christian, what is a Seventh-day Adventist, Baptism, Membership of the Local Church, Bible Study, Pastoral Visit, Pastoral Counselling, Baby Dedication, Marriage, Wills or Funeral.

Pastor Mark Borrett 07729 997699  
[Mark.Borrett@outlook.com](mailto:Mark.Borrett@outlook.com)

### Pastor Mark's Blog

“As you therefore have received Christ Jesus the Lord, so walk in Him, rooted and built up in Him and established in the faith, as you have been taught, abounding in it with thanksgiving.” (Col 2:6–7).

Did you notice those words above, “abounding in it with Thanksgiving”?

Thanksgiving and gratitude have positive implications for life today.

In a recent study done amongst 300 college students, it was shown that gratitude helps to unshackle us from toxic emotions. People writing thankfully were more likely to use words about positive emotions, to use inclusive pronouns like we, and use fewer negative emotional descriptors. Such persons reported overall better lasting mental health. It was also shown that gratitude's benefits grow over time.

For those established in and walking in the faith, Paul challenges us to abound in Thanksgivings.



Great Yarmouth

Seventh-day Adventist Church

*Love God – Love People*

A Warm Welcome to Everyone!

9<sup>th</sup> November 2019

Sermon: “**Get on Board**” by David Andrews

---

#### **Church Address**

48 Burnt Lane, Great Yarmouth  
NR31 0PG

#### **Website**

[greatyarmouth.adventistchurch.org.uk](http://greatyarmouth.adventistchurch.org.uk)

#### **Contacts**

Pastor Mark Borrett 07729 997699

[Mark.Borrett@outlook.com](mailto:Mark.Borrett@outlook.com)



#### **Sunset Times**

Today Sabbath ends at: 16:01  
Next week Sabbath starts: 16:12

## Sabbath School

2019 – 4<sup>th</sup> Quarter Lesson Study

LESSON 6 \*November 2-8

### The Reading of the Word



### Memory Text

“So they read distinctly from the book, in the Law of God; and they gave the sense, and helped them to understand the reading”

(Nehemiah 8:8, NKJV).

## Family Service

Opening Prayer

Welcome and Announcements

Hymn: [SDAH] 383 – O Day of Rest and Gladness

Remembrance – Minute Silence

Congregational Prayer

Tithes & Offerings

Children’s Story

Hymn: [SDAH] 265 – Breathe on Me, Breath of God

Scripture Reading: Matthew 24:37-42

Sermon: “**Get on Board**” by David Andrews

Hymn: [SDAH] 213 – Jesus Is Coming Again

Closing Prayer

## Week of Prayer

Vespers and start of Week of Prayer at 4pm

## Announcements

**Week of Prayer** starts today at 4pm at the Great Yarmouth Church.

The next **Vegetarian Demo** will be this Sunday, November 10<sup>th</sup> at 12.30pm.

**Board Meeting** will be on Tuesday, November 19<sup>th</sup> at 7pm. This is moved due to week of prayer

Our **Year End Festive Meal** will be on Sunday, 15<sup>th</sup> December at 1pm at the Wherry Hotel, Bridge Road, Oulton Broad, Lowestoft, NR32 3LN. Please note the date. A sign-up sheet will be available starting next week.

**Christmas Community Services** will be on Saturday December 14<sup>th</sup> at Lowestoft at 7pm and Saturday December 21<sup>st</sup> at Great Yarmouth at 7pm. **Rehearsals** will be on Sabbath November 23<sup>rd</sup> at 2.30pm at Lowestoft and Sabbath November 30<sup>th</sup> at Great Yarmouth. Thankyou in advance for your commitment.

**Latest news and sermons** on the Church Website - [greatyarmouth.adventistchurch.org.uk](http://greatyarmouth.adventistchurch.org.uk)